

All Saints Headley

Daily Private Prayer at Church or Home during Covid19 post-lockdown days

Rend your heart, and not your garments, and turn unto the Lord your God: for he is gracious and merciful, slow to anger, and of great kindness. Joel2. 13.

Hear my prayer, O Lord, and give ear to my cry;
Hold not your peace at my tears.

You may use this mediation, written by Saint Anselm, c1109

JESUS, like a mother you gather your people to you;
you are gentle with us as a mother with her children.
Despair turns to hope through your sweet goodness;
through your gentleness we find comfort in fear.
Your warmth gives life to the dead,
your touch makes sinners righteous.
Lord Jesus, in your mercy heal us;
in your love and tenderness remake us.
In your compassion bring grace and forgiveness,
for the beauty of heaven may your love prepare us.

(For use if you have a Bible Then turn to your Bible and use one of the following Psalms and then the Bible reading –

Mondays: Psalm 3 & Joel 2.12-14

Tuesdays: Psalm 6 & I Corinthians 9.24-end

Wednesdays: Psalm 11 & Romans 7.21-25a

Thursdays: Psalm 12 & Isaiah 58.6-9a

Fridays: Psalm 32 & Matthew 6.1-end

Saturday Psalm 84 & Phil 4:4-9

Sunday Psalm 113 & John 14:1-7

Pause for moment and reflect on what you have read.

Blessed are the merciful, for they will receive mercy.

Now pause and keep a time of silence... maybe a minute... maybe longer)

Pray –For yourself and your life of faith

For All Saints' and its life, its mission, its growth,

Pray For you family... For your community... For the newly born... For the sick... For the dying...

For peace... For the cessation of this Pandemic

Teach us, good Lord, to serve you as you deserve;
to give and not to count the cost;
to fight and not to heed the wounds;
to toil and not to seek for rest;
to labour and not to seek for any reward,
save that of knowing that we do your will. Amen.

Please pray for all in this time of emergency...

Dear God, our Shield and our Defender, guide and protect my neighbour in this time of health emergency; deliver them from all harm and may your love and care ever grow in this place. Through Jesus Christ, Our Lord, Amen.

Please take this away with you... thank you

(with thanks to Barnet Churches in London for this modified sheet)